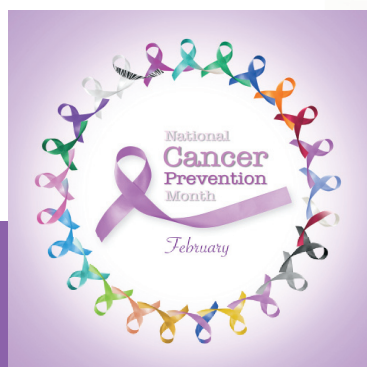




CANCER SERVICES

Resources. Support. Education.



CANCER PREVENTION

February is Cancer Prevention Awareness Month.

February is when we especially recognize the impact that ALL cancers have on our community. In addition to lifestyle changes (healthy diet, exercise, and quitting smoking), cancer screenings can help in the prevention of many cancers. Cancer Services is committed to making sure all members of our community have access to local cancer screening appointments and opportunities.

If someone you know needs a screening but lacks transportation, please call us 419-626-4548. We will provide a ride.



DIRECTOR'S NOTE

As we begin 2020, it's very important to our staff, board of directors, and our volunteers that each one of you knows the enormous impact your generosity has on your fellow community members. We know you can't experience the thankful faces and the tears of gratitude we receive, but we want you to know they are the most genuine and humbling moments one can experience. The families we serve often become friends and are constant reminders of why we are here.

At the end of 2019, there were 439 local cancer patients receiving our services and 121 survivors. We experienced the loss of 72 cancer patients. Every cancer patient that comes through our door is greeted with a warm smile and provided free services to help them through their journey. One smile can really change someone's entire day, and it's our mission to be that smile. Together, we work to make things a little easier, offer support, and most of all be a place of hope. Your generosity and care help us provide that hope.

Thank you for your partnership, your caring, and for continuing to give locally. With your help, we help those who truly need it most.

With much gratitude,
Jill Schmidt, Executive Director

GIVING TRIBUTE TREE



Give today through our
secure website:

<https://www.cancerresources.org/donate/donate-online/>

or by mail:

Cancer Services
505 E. Perkins Ave.
Sandusky, Ohio 44870

Honoring those who are committed to partnering with the mission of Cancer Services, our Giving Tribute Tree is located in the main lobby of our office. Its beauty greets every guest with the names of our donors, memories of loved ones and tributes to survivors. When you make a gift of \$250 or more, a plaque with your name or the name of someone you wish to honor or remember will be placed on the tree. All gifts made "In Honor" or "In Memory of" a loved one provide direct services to a local cancer patient.

GIVING LEVELS:

\$250+ Bronze Leaf

\$500+ Silver Leaf

\$1,000+ Gold Leaf

\$5,000+ Rock Plaque at
Base of Tree

UPCOMING FUNDRAISING EVENTS:

Visit our website and follow us on Facebook for updates!



Annual Golf Outing – July 15 Eagle Creek Golf Club



Rush to the Crush – Sept. 20 Firelands Winery



Rock By The Sea Music Festival – Oct. 15-18 Put-in-Bay

HEALING HeARTs & SUPPORT SERVICES

Cancer Services offers complementary healing arts programs and support services including painting on canvas sessions, journaling, and personal support appointments. These programs are available to cancer patients, their caregivers, and those coping with a cancer diagnosis or loss of a loved one. Healing HeARTs and Support Services provides an atmosphere of activities which encourages a reduction of stress and anxiety, and offers patients the opportunity to share their experiences with others.



Upcoming Healing HeARTs Painting Workshops:

Tuesday, February 25th

10 am – 2 pm

Tuesday, March 24th

10 am – 2 pm

*“Art washes away from the soul
the dust of everyday life.”*

– Picasso

Journaling Workshop:

Wednesday, March 11th, 11 am – 1pm. Stop in for your free journal planner and information on the benefits of journaling. Not sure where to start? We'll guide you through some ideas to get you started. Caregivers are also welcome.



Personal Support Services:

Our Patient Services Manager, Kathleen St. Clair, is available to meet with cancer patients and their families for personal support. If you, or someone you care about, need resources and prefer a private meeting to discuss personal requirements, call for an appointment at 419-626-4548.



E-Mail: cspatientservices@gmail.com
www.CancerResources.org

Year-round Corporate Sponsor



Partner Agencies



VOLUNTEERS

If you're interested in volunteering, please call 419-626-4548 or you can download our Volunteer Application at www.cancerresources.com

On January 31st, we surprised volunteer Becky with her favorite cake and flowers to thank her for seven years of volunteering for Cancer Services! Becky helps in the office every Monday and Friday and always has a smile to share. We're lucky to have so many caring hearts that help!



Our "Wish Upon a Star" Donation Requests

We would be extremely grateful for any donated items from the list below. Every donation, regardless of size or quantity, makes such a positive impact on our organization and the patients we serve.

- Boost (any and all flavors)
- Ensure (any and all flavors)
- Adult Pull-Ups (all sizes)
- Women's Pads
- Men's Guards
- Baby Wipes (unscented)
- Odoban Disinfectant
- Lysol Spray
- Hand Sanitizer
- Clorox Bleach Wipes
- Paper Towels
- Tissues
- Toilet Paper
- \$5 gas cards for patient appointment travels

Thank you.

"Giving is not just about making a donation. It's about making a difference."

— Kathy Calvin, CEO, President of the United Nations Foundation

"We can't help everyone...but everyone can help someone." — Dr. Loretta Scott