

CANCER SERVICES

Resources. Support. Education.



CANCER SERVICES

Patient Services Dashboard

January - April 2024

Total Number of Clients:

256

Rides Provided:

99

Trips Reimbursed:

956

Nutrition:

376

Cases provided

Prescriptions:

91 covered

Medical Equipment or Supplies:

> 164 Visits

Wigs:

34 provided

Zip Tees:

13 provided

Financial Assistance:

20 clients

Dear Friends of Cancer Services,

As we step into the vibrant spring and summer season, I am filled with gratitude for our community's unwavering support and dedication. With the rising temperatures, our excitement grows for our upcoming annual golf outing on July 17th. This event not only brings together friends and supporters but also helps to raise funds for our mission. These funds allow us to provide essential services and support to our local cancer patients in need. We aim to reach our goal of raising \$25,000, vital in sustaining our efforts to meet the increasing demand for our services.

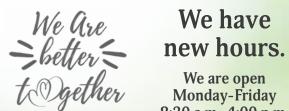
Historically, we have assisted an average of 250 cancer patients annually. In this first quarter of 2024, we have already served over 250 cancer patients. Despite this increase, our commitment to providing resources and support to each individual remains. We are dedicated to ensuring that no one faces their cancer journey alone.

Within this newsletter, you'll discover exciting volunteer opportunities, learn about resources for caregivers, meet our newest board member, explore our latest emotional support initiative, and gain insight into our 2023 financial statement and program impact.

Thank you for your continued generosity and support. Together, we are making a difference in the lives of those affected by cancer.

Lastly, I want to extend my heartfelt thanks to our incredible volunteers and dedicated staff, whose photos are featured below. Their unwavering support is the backbones of our organization, and I am deeply appreciative of all they do to help us achieve our mission.

Warmest regards, Cecily Schaefer-Brown Executive Director



We have

We are open Monday-Friday 8:30 a.m.-4:00 p.m.



VOLUNTEER SPOTLIGHT

ELAINE

Since joining our team in 2018, Elaine has dedicated nearly 300 hours to our cause. Her commitment and generosity have touched every corner of our organization. From meticulously cleaning medical equipment, organizing our warehouse, cleaning wigs, volunteering at the golf outing or helping in the office, Elaine's contributions have tremendously helped our organization. Also, each year during October, Elaine sets up an informational table at her church to share our services. Her attention to detail and dedication to our mission shines through in every task she takes on.

Not only does Elaine excel in these roles, but she also brings joy to those she interacts with. Her compassionate nature and genuine care for others have made a lasting impact on our team and the individuals we serve.

Elaine, we can't thank you enough for your selflessness, dedication, and the countless ways you've helped Cancer Services. Your time and talents have made a memorable mark on our organization, and we are extremely grateful to you. Thank you for being a beacon of light and hope in our community.





Volunteer Opportunities at Cancer Services

Interested in lending your time and talents to support local cancer patients? Join us at Cancer Services as a volunteer!

Explore our current volunteer opportunities:

Volunteer Driver: Utilize your vehicle to assist clients with cancerrelated appointments or deliver essential supplies.

Warehouse Support: Contribute to our mission by cleaning and sanitizing donated medical equipment, organizing supplies, and restocking inventory.

Office Assistance: Be a vital part of our team by answering incoming calls, preparing supply orders, and assisting with various office tasks.

Cleaning/Organizing: Help create a welcoming environment for cancer patients by ensuring our office space remains clean and tidy.

Your dedication makes a difference in the lives of those we serve. Join us in our mission to provide essential support and care to individuals affected by cancer.

More volunteer opportunities and application available on our website or call our office at 419-626-4548.



SUPPORTING YOURSELF WHILE

CARING FOR A LOVED ONE

Dear Caregivers,

As caregivers for loved ones with cancer or any disease, you play a valuable role in providing support, comfort, and companionship during a challenging time. While your focus may be on caring for your loved one, it's essential to prioritize your well-being as well. Here are some tips and strategies to help you navigate your caregiving journey while also taking care of yourself:

- Prioritize Self-Care. Remember that self-care is not selfish—it's necessary for your own physical and emotional well-being. Make time for activities that recharge and rejuvenate you, whether it's taking a walk, practicing yoga, reading a book, or simply spending time outdoors.
- 2. Seek Support. Don't hesitate to reach out for help and support from friends, family members, support groups, or professional counselors. Sharing your experiences and emotions with others who understand can provide comfort and validation.
- 3. Set Boundaries. Establish clear boundaries around your caregiving responsibilities to prevent burnout and overwhelm. Communicate your needs and limitations to other family members and friends, and don't be afraid to ask for help when you need it.
- 4. Take Care of Your Health. Remember to attend to your own health needs, including getting regular check-ups, eating nutritious meals, getting enough sleep, and staying physically active. Prioritizing your health will enable you to better support your loved one.
- 5. Find Moments of Joy. Despite the challenges of caregiving, try to find moments of joy and gratitude in your daily life. Celebrate small victories, cherish meaningful interactions with your loved one, and focus on the positive aspects of your caregiving journey.



6. Be Kind to Yourself. Lastly, be kind and compassionate toward yourself. Understand that it's okay to have bad days, to feel overwhelmed, and to make mistakes.

Remember, by taking care of yourself, you're better able to provide the love and support your loved one needs during their cancer journey. For more tips, resources, and guides visit our website at CancerResources.org/services/caregiver/



NEW RECIPE

Protein Overnight Oats

Ingredients

- 1 cup quick-cooking oats
- 1 8 oz Boost or Ensure Vanilla
- 1/2 tsp ground cinnamon
- Optional toppings: Blueberries, raspberries, sliced strawberries, toasted walnuts

Directions

Add oats, nutritional drink, and cinnamon to a container. Mix well and cover with a lid. Place in refrigerator overnight to enjoy the next day.

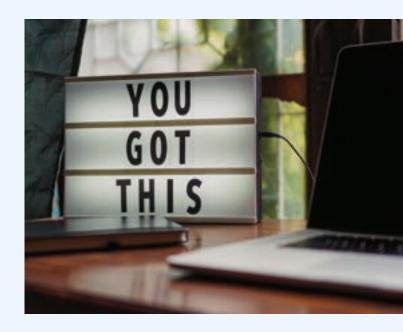


Quotes to Inspire and Empower Cancer Patients

We're excited to introduce a new initiative at Cancer Services aimed at providing support and inspiration to those affected by cancer. Thanks to the dedication of our local community members, volunteers, and team, we've created a beautiful video filled with uplifting quotes, soothing voices, and beautiful images.

This video offers words of wisdom and comfort to those navigating the challenges of cancer or anyone going through a difficult time. We invite you to visit our website at **CancerResources.org** to watch the video and share it with anyone who could benefit from a little extra support.

Additionally, we've added a collection of inspirational quotes on our website to read, providing strength and encouragement to those facing cancer. We hope these resources remind you that you're not alone on this journey and offer moments of peace and encouragement along the way.





Scan the QR code to watch the video filled with words of wisdom and comfort.

WELCOME OUR NEW BOARD MEMBER WILLIAM LEE WILLIS



William brings over 20 years of experience in the nuclear power industry and over 25 years in security-related roles. William is a graduate of Eastern Michigan University, where he obtained a Bachelor of Science in Sociology, Anthropology, and Criminology with a concentration in Law Enforcement. Presently, he serves as a senior consultant – project manager in Site Projects at the Davis-Besse Nuclear Power Station in Ottawa County. Beyond his professional commitments, William is deeply engaged in community endeavors, generously volunteering as the United Way campaign lead at Davis-Besse, a coach for the local youth soccer league, and served on the church elder board at New Life Church for two years.

His decision to join the Cancer Services board stems from a desire to help those in need, share hope, love, and compassion with those in our community, and raise awareness of the services provided by Cancer Services to our local communities. This decision reflects his commitment to making a meaningful difference in the lives of others. Outside of his professional and volunteer pursuits, William cherishes moments spent with his wife and four beautiful children.

2023 ANNUAL REPORT FINANCIAL STATEMENT

Program Financial Overview

Mileage Reimbursement:

\$25,200

Transportation Services:

\$16,726

Nutrition:

\$13,400

Prescription Assistance:

\$6,600

Wig Boutique

\$6,329

Equipment and Supplies:

\$1,600

Financial Assistance:

\$4,420

Total Direct Support:

\$74,275

Program Overview

Total Cancer Patients Served: 360

New Clients Welcomed in 2023: 222

Transportation

Trips Reimbursed: 2,257 for 101 clients

Rides Provided:

170

Nutrition

Cases of Nutrition Provided:

881 to 172 clients

Prescriptions

Scripts Covered: 175 for 20 clients

Wigs

Wigs Provided:

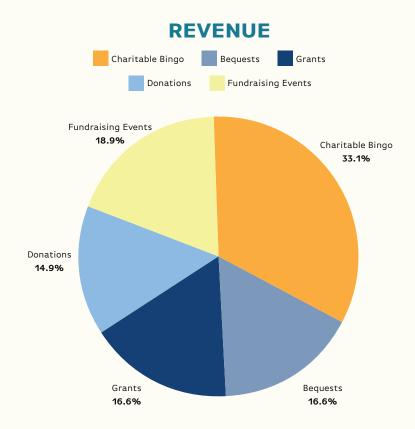
85

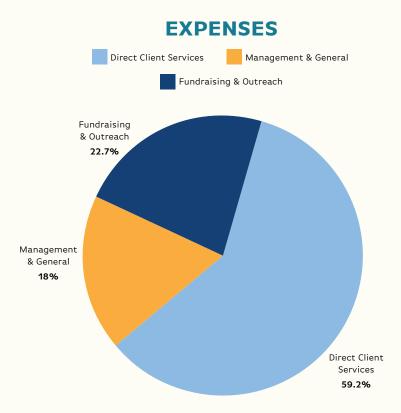
Equipment and Supplies

Clients Assisted: 161

Financial Assistance

Clients Received Financial Assistance: 22





"We make a living by what we get. We make a life by what we give."

- Winston Churchill

Every effort has been made to ensure the accuracy of this contribution list. If we have made an error, please let us know.

Donations

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Barbara Wobser

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Lorraine Baum

Randy Bodi's Birthday

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Linda Pattie
Tom & Donna Scheid
Annette Vogel
Sue Ward
Jean Zieber



Thank You for Your Generosity

Thanks to everyone's generosity on Giving Tuesday, and the matching donation from the Russell Classic in memory of Tom Romick, we raised nearly \$8,000 to help purchase 300 cases of nutritional drinks for local cancer patients.





505 E. Perkins Avenue Sandusky, Ohio 44870 Phone: 419.626.4548 Toll-free: 800.401.9054

Fax: 419.502.0222

E-Mail: CancerServicesPatients@gmail.com www.CancerResources.org

Year-round Corporate Sponsor



Partner Agencies







Cancer Services is committed to ensuring that no one in our community faces a cancer diagnosis alone. All proceeds stay local to help cancer patients with nutrition, transportation, medical supplies/equipment, prescription assistance, and wigs.

TOURNAMENT SPONSORS - \$3,500

- . Company name/logo included as a presenting sponsor on the website, social. media, tournament ads, and pavilion banner
- Optional promotion table
- · Registration for two golf teams (8 golfers)
- . Two Hole Signs at the first and last holes (4 total)

GOLD SPONSORS - \$2,500

- . Company name/logo on website, social media, tournament ads, and pavilion
- · Optional promotion table
- · Registration for one golf team (4 golfers)
- . One Hole Sign at the first and last holes (2 total)

SILVER SPONSORS - \$1,500

- · Company name/logo on website, social media, and pavilion banner
- . Registration for one golf team (4 golfers)
- . One Hole Sign at the first or last hole (1 total)

Want to help but can't play? Please choose from one of our sponsorships below. DINNER SPONSORS - \$1,000

· Logo/Business name on dinner signage, pavilion banner, optional promotion table, and recognition on social media, website, and tournament ads.

LUNCH SPONSORS - \$750

· Logo/Business name on lunch signage, pavilion banner, optional promotion table, and recognition on social media, website, and tournament ads.

BEVERAGE CART SPONSORS - \$500

Name/logo on beverage cart, pavilion banner, and recognition on social media.

HOLE SIGN SPONSORS-\$125

. Business name/logo or tribute name on hole signs and in the program.

July 17, 2024

Eagle Creek Golf Course 2406 New State Road Norwalk, OH 44857

Registration: 10:30 a.m. Shotgun start: 12:00 p.m

> \$150 per Person \$600 / team of four

Includes golf cart, 18 holes of golf, lunch, drinks, dinner, 8 mulligans, strings, contests, and great prizes.

Call or email 419-626-4548 CecilyBrownCS@gmail.com To save your spot today!

505 E Perkins Avenue Sandusky, OH 44870

Scan here to register for the golf outing.



"Wish List" **Donation Requests**

PRE-SORTED STANDARD US POSTAGE PAID

SANDUSKY, OH

PERMIT #35

We appreciate donations of any items from the list below. Every donation makes such a positive impact on our patients we serve.

- Adult Wet Washcloths
- Boost/Ensure
- Bottled Water
- Chapstick
- Disinfectant Spray
- Incontinence **Underwear Size Large**
- Medical-grade Gloves
- Mints
- Pedialyte
- Twin XL Bed Sheets
- Unscented Lotion

Thank you.

Donations can be made to Cancer Services at 505 East Perkins Avenue in Sandusky Monday-Friday 8:30 a.m.-4:00 p.m.